

**From,**

The principal,  
V.V.Vanniaperumal Nursing College for women,  
Virudhunagar.

**To**

The Secretary,  
V.V.Vanniaperumal College for Women,  
Virudhunagar.

**Respected Sir/Madam,**

**Sub:** V.V.Vanniaperumal Nursing College for Women, Virudhunagar  
– Requesting permission to observe World Hypertension Day – reg.

This is to bring to your kind notice that World Hypertension month is being observed from May 17<sup>th</sup> to June 16<sup>th</sup> 2024.

As part of the programme we are planning to monitor the blood pressure of all the non-teaching faculty V.V.Vanniaperumal College for Women.

We request you to kindly grant us permission for the same.

Thanking you

Yours sincerely

K. Jeyam  
10/06/2024  
Principal

11/6



# V.V.VANNIAPERUMAL COLLEGE FOR WOMEN

(Belonging to Virudhunagar Hindu Nadars)

An Autonomous Institution Affiliated to Madurai Kamaraj University, Madurai

Reaccredited with 'A++' Grade (4<sup>th</sup> Cycle) by NAAC

VIRUDHUNAGAR

Quality Education with Wisdom and Values



## INTERNAL QUALITY ASSURANCE CELL



Date: 11.06.2024

### CIRCULAR

#### World Hypertension Month

(17.05.2024 to 15.06.2024)

In Connection with the World Hypertension Month of the year 2024, the IQAC of our college is organising an Awareness Programme for non-teaching staff members. To highlight the theme of this year, "Measure your blood Pressure accurately, Control it, Live longer", blood pressure check up by V.V.Vanniaperumal Nursing College for Women students has been arranged at 10.00 a.m. on 12.06.2024 in the Administration Block.

All the Non-Teaching Staff members are asked to utilize this opportunity to have a check on their blood pressure.

*S. Preethi*  
Organiser

*M. Parnian Selvi*  
IQAC Coordinator

*S. K. S. S.*  
PRINCIPAL

## Internal Quality Assurance Cell

Awareness Programme

on

"World Hypertension Month"

Date: 12.06.2024

Venue: Administrative Block Downstairs

Resource Persons: V.V. Vanniaperumal college for women  
Students

Time: 10 a.m

Beneficiaries: 70 Non-Teaching Staff members

To Highlight the theme, "World Hypertension Month", an awareness programme was organised by Internal Quality Assurance Cell for non-teaching staff members on 12.06.2024 at 10 a.m. in Administrative Block. The V.V. Vanniaperumal nursing college for Women Students checked the blood pressure for 70 non-teaching staff members. Out of 70 members, 9 had <sup>high</sup> blood pressure and 2 had low blood pressure. Through this awareness programme the non-teaching staff members gained knowledge about the importance and methods of keeping their blood pressure normal.

S. Preethi  
Organiser

M. Purnim Selvi  
IQA co-ordinator

S. Aithi  
Principal



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## INTERNAL QUALITY ASSURANCE CELL



### REPORT OF THE PROGRAMME

Title of the Programme	:	Awareness Programme
Topic	:	“World Hypertension Month”
Resource Persons	:	V.V.Vanniaperumal Nursing College for Women Students
Staff-in-charge	:	Mrs. S. Preethi, B.Com., Office Superintendent
Objective	:	To enable the Non-Teaching Staff members check their blood pressure, control it and live long
Date and Time	:	12.06.2024, 10.a.m.
Venue	:	Administrative Block Downstairs
Details of Beneficiaries	:	70 Non-Teaching Staff Members

#### **Report:**

To highlight the theme, “World Hypertension Month”, an awareness programme was organised by IQAC for non-teaching staff members on 12.06.2024 at 10 a.m. in Administrative Block. The V.V.Vanniaperumal Nursing College for Women Students checked the blood pressure for 70 non-teaching staff members. Out of 70 members, 9 had high blood pressure and 2 had low blood pressure.

#### **Outcome of the Programme:**

The non-teaching staff members gained knowledge about the importance and methods of keeping their blood pressure normal.

*S. Preethi*  
Organiser

*M. Ponnien Selvi*  
IQAC Coordinator

**Dr. M. PONNIEN SELVI**  
Coordinator, IQAC  
Associate Professor and Head  
Department of Commerce  
V.V.Vanniaperumal College for Women



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## Awareness Programme on World Hypertension Month

### Participants List – 12.06.2024

S.No	Name	Designation	Gender
1.	Mrs. R.Velammal	Lab Assistant	Female
2.	Mrs.M.Jeyalakshmi,	Office Asst.	Female
3.	Mrs.P. Guruvammal	Scavenger	Male
4.	Mr. R. Godhandaraman	Bus Driver	Female
5.	Mrs.G.Veerammal	Scavenger	Female
6.	Mrs.K.Allirani	Scavenger	Female
7.	Mrs. A.Shanthi	Lab Assistant	Female
8.	Mr. S.Madasamy	Bus Driver	Male
9.	Mrs.P. Sundari	Water Carrier	Female
10.	Mrs. S.Punithavalli	Office Assistant	Female
11.	Mrs. P.Mareeswari	Bus Conductor	Female
12.	Mrs.S. Gandhimathi	Canteen Assistant	Female
13.	Mrs.R.Suthamathi	Canteen Assistant	Female
14.	Mrs. I.Uma Devi	Lab Assistant	Female
15.	Mrs. Santhidevi	Water Carrier	Female
16.	Mr.P.Karuppasamy	Electrician	Male
17.	Mrs.N.Shanthi	Lab Assistant	Female
18.	Mrs. K.Ramalakshmi	Lab. Assistant	Female
19.	Mrs. V.Kartheeswari	Typist	Female
20.	Selvi.P.Vinnarasi	Office Assistant	Female
21.	Mrs. S.Selvi	Water Carrier	Female
22.	Mrs.R.Chitra	Gardaner	Female
23.	Mrs.R.Yogamathi	Sweeper	Female
24.	Mrs.P.Mariammal	Scavenger	Female
25.	Mrs. Marithangam	Office Assistant	Female
26.	Mrs. C.Hema	Office Assistant	Female
27.	Mrs. K.Kavitha	Store Keeper	Female
28.	Mrs.N.Mahalakshmi	Record Clerk	Female
29.	Mrs.C.Lilly Rose	Assistant	Female
30.	Mrs. M. Kaliswari	Library Assistant	Female
31.	Mrs. V. Kalaiselvi	Water Carrier	Female
32.	Mrs. V. Hemalatha	Store Keeper	Female
33.	Mrs. S. Yamuna devi	Lab Assistant	Female
34.	Mrs. R. Murugeswari	Canteen Assistant	Female
35.	Mrs. Navamani	Lab Assistant	Female
36.	Mrs. S. Chitra	Office Assistant	Female
37.	Mrs. Murugeswari	Water Carrier	Female
38.	Mrs. S. Nirmala devi	Canteen Assistant	Female

39.	Mrs. P. Kartheeswari	Office Assistant	Female
40.	Mrs. Kanagavalli	Record Clerk	Female
41.	Mrs. A. Bharathi	Lab Assistant	Female
42.	Mrs. G. Pavithra	English Language Lab	Female
43.	Mrs. Panjavarnam	Scavengers	Female
44.	Mrs. A. Arulmary	Lab Assistant	Female
45.	Mrs. R. Ushadevi	Typist	Female
46.	Mr. Bhaskaran	Bus Driver	Male
47.	Mrs. Thazhaikani	Lab Assistant	Female
48.	Mrs. Kasiyammal	Assistant	Female
49.	Mrs. Seetha	Lab Assistant	Female
50.	Mrs. R. Annalakshmi	Water Carrier	Female
51.	Mrs. Ilavarasi	Office Assistant	Female
52.	Mr. K. Balasubramanian	Bus Driver	Male
53.	Mrs. Sasikala	Lab Assistant	Female
54.	Mrs. K. Umamaheswari	Hostel Gate Keeper	Female
55.	Mr. Maheswaran	Water Regulators	Female
56.	Mrs. M. Sudha	Office Assistant	Female
57.	Mrs. Preethi	Office Superintendent	Female
58.	Mr. Periyandavar	Junior Assistant	Male
59.	Mrs. Sangareswari	Water Carrier	Female
60.	Mrs. K. Umadevi	Office Assistant	Female
61.	Mrs. Minnalkodi	Scavengers	Female
62.	Mrs. Ramalakshmi	Lab Assistant	Female
63.	Mr. Jeevanandham	Bus Driver	Male
64.	Mrs. P. Sanmugathai	Water Carrier	Female
65.	Mrs. Mugunadevi	Canteen Assistant	Female
66.	Mrs. Nallamal	Canteen Assistant	Female
67.	Mrs. Vaigaimalar	Office Assistant	Female
68.	Mrs. Perumalakkal	Record Clerk	Female
69.	Mrs. Krishnammal	Scavengers	Female
70.	Mrs. Yogeshwari	Lab Assistant	Female

*S. Preethi*  
Organiser

*M. Ponniam Selvi*  
IQAC Coordinator







