



V.V.VANNIAPERUMAL COLLEGE FOR WOMEN

(Belonging to Virudhunagar Hindu Nadars)

An Autonomous Institution Affiliated to Madurai Kamaraj University, Madurai

Re-accredited with 'A' Grade (3rd Cycle) by NAAC

VIRUDHUNAGAR

Quality Education with Wisdom and Values



Rotary

District 3212

Zone - V4

Charter No: 84687 Charter Date: 25th June, 2012



**CREATE HOPE
in the WORLD**

Rotary Club of

Sivakasi

Sparkler



Internal Quality Assurance Cell

In collaboration with

Rotary Club of Sivakasi Sparkler

organises a

Faculty Development Programme

On

Mental Wellbeing – Strengthening Students

Coping, through Resilient Education

Date: 13.10.2023

Time: 10.30 a.m to 12.00 p.m.

Venue: Jegathambal Rajendran Meeting Hall (LIBRARY DOWNSTAIRS)

SPECIAL GUEST

THIRU. P.C.S.GOVINDARAJAPERUMAL B.A.,

SECRETARY

V.V.VANNIAPERUMAL COLLEGE FOR WOMEN,

VIRUDHUNAGAR

RESOURCE PERSON

DR.RAJARAM SUBBIAN,

EXECUTIVE DIRECTOR,

BASIC NEEDS INDIA (BNI),

BANGALORE

All are cordially invited

Mrs.B.Ameena Beebi
Organizer

Dr.S.Cinthana
IQAC Coordinator

Dr.S.M.Meena Rani
Principal



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INTERNAL QUALITY ASSURANCE CELL



Date: 26.09.2023

CIRCULAR

The Internal Quality Assurance Cell has planned to organise a Faculty Development Programme for the Teaching Faculty on 13th October from 10.30a.m to 12.30p.m.

Date	Resource Person	Topic
13.10.2023	Dr.Rajaram Subbian Executive Director Basic Needs India(BNI) Bangalore	Mental Wellbeing – Strengthening Students Coping, through Resilient Education

Interested teachers are asked to enroll their names to Mrs.B.Ameena Beebi., M.Sc., M.Phil., Assistant Professor of Home Science on or before 29.09.2023.

B. Ameena Beebi
26/09/2023
Organiser

S. Sathy
26/09/2023
IQAC Coordinator

S. N. Renu Rani
PRINCIPAL

Internal Quality Assurance Cell
In Collaboration with
91 Rotary Club of Sivakasi Sparkler

Faculty Development Programme
on

Mental Wellbeing - Strengthening Students Coping, through
Resilient Education

Date: 13.10.2023

Time: 10.30 a.m. - 12.30 p.m.

Venue: Jegathambal Rajendran Meeting Hall (Library Downstairs)

Resource Persons:

Dr. Rajaram Subbiam
Executive Director
Basic Needs India (BNI)
Bangalore

List of Participants:

S.No	Name of the Faculty	Designation	Signature
1.	Dr. A. Prasanna	Assistant Professor of Chemistry	A. Prasanna
2.	Dr. R. Sreebha	Assistant Professor of Botany	R. Sreebha
3.	Mrs. P. AMIRTHAYOGAM	Assistant Prof. of English	P. Amirthayogam
4.	Dr. M. FATHIMA BEGUM	Assistant Professor	M. Fathima Begum
5.	Dr. M. CHANDRA KALA	Assistant Professor of History	M. Chandrakala
6.	Dr. S. LALITHA	Associate Professor of History	S. Lalitha
7.	Dr. D. VIJAYARANI	Associate Prof. of Health, H.Sc.	D. Vijayarani
8.	Mrs. J. Athirastam. (J. ATHIRSTAM)	Assistant Professor of Health & Costume Design and Fashion	J. Athirastam
9.	Ms. S. BETSY SHERIN	Assistant Professor Costume Design and Fashion	S. Betsy Sherin
10.	Ms. W. JAYANTHI SELVA SUNDARI	Assistant Professor of Home Science - Nutrition and Dietetics	W. Jayanthi Selva Sundari
11.	Mrs. P. VIJAYALAKSHMI	ASSISTANT PROFESSOR OF ENGLISH (SF)	P. Vijayalakshmi
12.	Dr. K. CHITRA LAKSHMI	Assistant Professor of Mathematics (S)	K. Chitra Lakshmi

S.No	Name of the Faculty	Designation	Signature
13	Dr. N. SUCILA	Associate professor of Tamil	P. Suci
14	Dr. N. AMUTHAVALLI	Associate professor of Tamil	N. Amuthavalli
15	Dr. J. Nalinadevi	Associate Professor of Tamil	J. Nalinadevi
16	Dr. M. Nisanyama Sundari	Assistant Professor of English	M. Nisanyama
17	Dr. Sindhia Ganeshan	Assistant Professor of Tamil	Sindhia
18	Dr. C. NAGAJOTHI	Associate Professor of Tamil	C. N. Jothi
19	Dr. P. Vinthiyagouri	Associate professor of Tamil	P. Vinthiyagouri
20	Dr. P. Annasoorani	Associate Professor of Biochemistry	P. Annasoorani
21	Mrs. P. Ramalakshmi	Assistant Professor of Biochemistry	P. Ramalakshmi
22	Dr. B. NAGAJOTHI	Assistant Professor of Tamil	B. N. Jothi
23	Dr. G. Sharmuga Priya	Assistant Professor of Physics	G. Sharmuga Priya
24	Dr. P. CHARA JAYASEELI	Librarian	P. Chara Jayaseeli
25	Dr. R. Hemalatha	Asst Prof of Physics	R. Hemalatha
26	Dr. M. Annam	Assistant Professor of Common	M. Annam
27	Dr. J. Mahanayagi	Associate Prof. of Comm.	J. Mahanayagi
28	K. Muthulakshmi	Assistant Professor of Math	K. Muthulakshmi
29	Dr. E. Synthya Jodith Anaselvi	Assistant Professor of Computer Applications	E. Synthya
30	Dr. I. Rathinamala	Assistant Professor of Physics	I. Rathinamala
31	V. Balapriya	Assistant professor of Business Administration	V. Balapriya
32	L. M. Mahalakshmi	Assistant professor of BBA	L. M. Mahalakshmi
33	A. Anilke Raj	Asst Prof of English	A. Anilke Raj
34	C. Veena Rani	Asst. Prof of English	C. Veena Rani
35	Dr. Radhalakshmi	Associate Prof of Zoology	R. Radhalakshmi
36	Dr. M. Uma Maheswari	Assistant Prof of Maths	M. Uma Maheswari
37	Dr. S. Umadevi	Associate Professor of Tamil	S. Umadevi
38	B. Ameena Beebi	Assistant Professor of HSE	B. Ameena Beebi
	Name of the Faculty	Designation	

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Internal Quality Assurance Cell
In collaboration with

Rotary club of Sivakasi Sparkler

Faculty Development Programme on - Mental well being

Date: 13.10.23

Time: 10.30am to 12.30p.m

Visitor's Impression

Dr. Rajaram Subbin
Executive Director
Basic Needs India
Bangalore

Thank you very much for the hospitality offered!

Your staff team is very able, interested, motivated and work as a bonded team!

Best wishes!

Rajaram
DR RAJARAM S.
9945556337

~~dr@~~
dr.rajaram@gmail.com

Mr. M.R. Nanda Gopalam
President
Rotary club of Sivakasi Sparkler
Sivakasi

Thank you for the support given by your college for allowing to conduct the program.

It was great hospitality and good success of the program

Nand Gopal
94431 18626

S. S. S. S.
IQAC Coordinator

S. P. S. S. S.
Principal



REPORT OF THE PROGRAMME

Title of the Programme	:	Mental Wellbeing – Strengthening Students Coping, through Resilient Education
Resource person	:	Dr.Rajaram Subbian Executive Director Basic Needs India (BNI) Bangalore
Staff –in-Charge	:	Mrs.B.Ameena Beebi., M.Sc., M.Phil.,
Objectives	:	To create a supportive learning environment
Date and Time	:	13.10.2023 & 10.30a.m. – 12.30p.m.
Venue	:	Jegathambal Rajendran Meeting Hall(Library Downstairs)
No. of. Participants	:	36
Details of Beneficiaries	:	Faculty members

Report:

The Internal Quality Assurance Cell, in collaboration with the Rotary Club of Sivakasi Sparkler, organized a Faculty Development Programme on Mental Wellbeing – Strengthening Students' Coping through Resilient Education for the Teaching Faculty on October 13th from 10:30 a.m. to 12:30 p.m. Dr. Rajaram Subbian, Executive Director of Basic Needs India (BNI) in Bangalore, served as the resource person for this program. The event commenced with a prayer song, and Rtn. M.R. Nanda Gopalan, President of the Rotary Club of Sivakasi Sparkler, delivered the welcome address. Following this, Rtn. Somnath Babu R, Project Chairman of the Rotary Club of Sivakasi Sparkler, provided the programme schedule. Mrs. B. Ameena Beebi, Assistant Professor of Home Science at V.V. Vanniaperumal College for Women in Virudhunagar, introduced the speaker. A total of 36 faculty members participated in this programme. The resource person conducted an activity for the faculty members, facilitating an analysis of their individual personalities. He oriented on how to recognize students as individuals with their unique strengths and challenges. The session concluded with the vote of thanks given by Mrs. K. Muthulakshmi, Assistant Professor of Mathematics at V.V. Vanniaperumal College for Women, Virudhunagar.

Outcome of the programme:

The programme was highly informative and would enable faculty members in creating a more engaging and supportive learning environment.

18/10/2023
IQAC Coordinator

Dr. S. Cinthana
Coordinator, IQAC
Assistant Professor of English
VV Vanniaperumal College for Women
Virudhunagar.

Rotary Club of Sivakasi Sparkler
Organises a
Faculty Development Programme – 13.10.2023

