



V.V.VANNIAPERUMAL COLLEGE FOR WOMEN

(Belonging to Virudhunagar Hindu Nadars)

Re-accredited with 'A' Grade (3rd cycle) by NAAC

An Autonomous Institution affiliated to
Madurai Kamaraj University, Madurai



UNDER SWACCH BHARAT MISSION

V.V.VANNIAPERUMAL COLLEGE HOSTEL

ORGANIZES GUEST LECTURE ON :

GROOMING US

Resource Person

Dr.M.Aysha Kani,D.G.O

Senior assistant surgeon
Government Medical College
virudhunagar



02.10.2021



4.00 pm to 5.00 pm

VENUE:V.V.V.MUTHAMMAL LIBRARY HALL UPSTAIRS

ORGANIZER :

Dr.(Tmty).P.Malarvizhi ,M.A.,MPhil.,PGDCA.,D.A.A.,PGDHR.,Ph.D.,
Deputy Warden, Assistant professor Department of History

Staff Incharge :

Ms.P.Subashini, M.Sc.,M.Phil.,PGDCA

Ms.S.Sivapriya, M.A.,M.Phil.,B.Ed

Ms.S.Divya, M.Sc

Ms.S.Swathi Sundari, M.Sc.,M.Phil

Ms.V.Swathi, MBA

Ms.A.Ajitha, MBA

MS.U.Renuga Devi, M.Sc

Ms.P.Ramya, MBA

Co-ordinators , Swachhta Action Plan :

Mrs.S.Balasaraswathy, Greenery,M.Sc.,M.Phil.,M.C.A.,PGDCA.,PGDDP.Ed.,

Dr.P.Malarvizhi , Sanitation & Hygiene ,M.A.,M.Phil.,PGDCA.,D.A.A.,PGDHR.,Ph.D

Dr.R.Murugalakshmi Kumari , Waste ,M.Sc.,M.Phil.,M.A.,Ph.D.

Dr.R.BARANI
IQAC COORDINATOR

Dr.S.M.MEENARANI
PRINCIPAL



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Virudhunagar - 626 001



**INTERNAL QUALITY ASSURANCE CELL &
SWACHHTA ACTION PLAN TEAM**

30.09.2021

CIRCULAR

The Internal Quality Assurance Cell in collaboration with Swachhta Action Plan Team organizes a Special Guest Lecture for Residential students on 02.10.2021.

Resource Person : Dr. M. Aysha Kani, D.G.O.,
Senior Assistant Surgeon,
Government Medical College,
Virudhunagar.

Topic : Grooming Us

Time : 4.00 p.m to 5.00 p.m

All are cordially invited

R. M. J.
Secretary

**Coordinators
Swachhta Action Plan**

30/9/2021

IQAC Coordinator

S. H. Meena Rani

PRINCIPAL



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VIRUDHUNAGAR

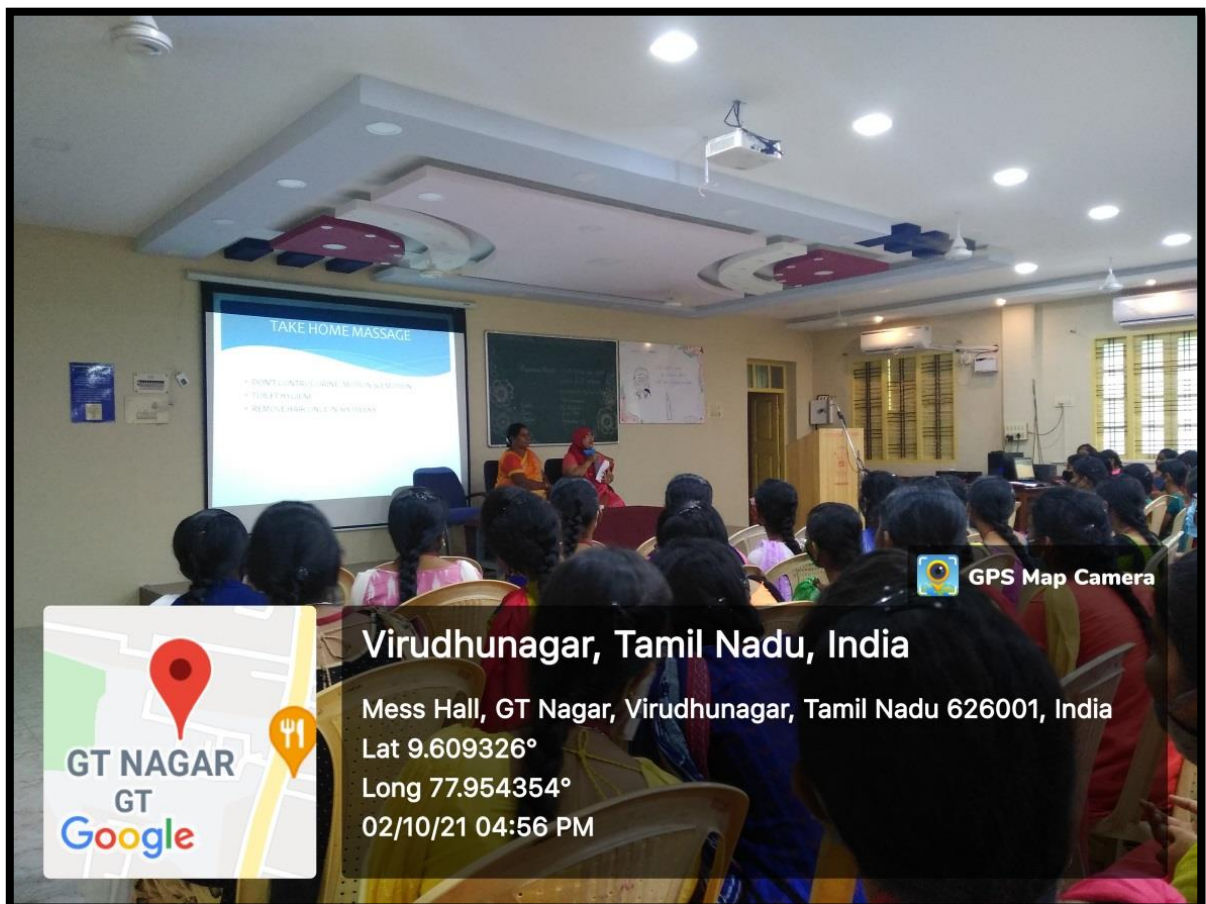


Report
Guest Lecture
Grooming Us
02.10.2021

Under Swachhata Mission, Internal Quality Assurance Cell of our college organized the Guest Lecture on “**Grooming Us**” for the I UG hostel students of our college on 02.10.2021 at 4.00PM. About 413 students participated. Being one of the “Swachhata Action Plan” coordinators of our college, Dr.P.Malarvizhi, Deputy Warden and Assistant Professor of History, V.V.Vanniaperumal College for Women, Virudhunagar directed the program in a pleasant way. Ms. N.Subhashini, Assistant Professor of Zoology welcomed the gathering and introduced the guest speaker Dr.M.Aysha Kani D.G.O., Senior Assistant Surgeon, Government Medical College, Madurai. The guest speaker interacted with the students and explained the importance of personal hygiene and elaborated her tips on do's and don'ts during the menstrual cycle. She shared the growth of bacteria and fungus in and around human body, clothes, accessories, etc.,. She interpreted how to overcome the hormonal change in their body and its consequences such as hair fall, unwanted hair growth in the private parts, irregular menstrual cycle. She also insisted the usage and disposing process of sanitary napkins in a detailed manner. Furthermore, she clarified the doubts of some students patiently. Miss. S. Dhivya, Assistant Professor of Costume Design and Fashion hosted the program and proposed vote of thanks.

Coordinators

IQAC Coordinator





V.V. VANNIAPERUMAL COLLEGE FOR WOMEN (AUTONOMOUS)

(Belonging to Virudhunagar Hindu Nadars)
VIRUDHUNAGAR - 626 001. (TAMIL NADU)

Re-accredited with 'A' Grade by NAAC



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30.09.2021

To

Dr. M. Aysha Kani, D.G.O.,
Senior Assistant Surgeon,
Government Medical College,
Virudhunagar.

Respected Madam,

Warm Greetings!

We take immense pleasure in inviting you as a Resource Person for the Special Guest Lecture organized by Internal Quality Assurance Cell to address the residential students of our college on the topic **Grooming Us with focus on Health and Hygiene** on 02.10.2021 at 4.00 p.m. as a part of Swachhta Action Plan.

We eagerly look forward to your benign presence and support to make this session a great learning experience.

S. M. Meena Rani

PRINCIPAL