



V.V.VANNIAPERUMAL COLLEGE FOR WOMEN

(Belonging to Virudhunagar Hindu Nadars)

An Autonomous Institution Affiliated to Madurai Kamaraj University, Madurai

Re-accredited with 'A' Grade (3rd Cycle) by NAAC

VIRUDHUNAGAR



Internal Quality Assurance Cell



Health Awareness Programme

Date & Time	:	21.10.2019, 2.00 p.m
Venue	:	MBA Meeting Hall
Speaker	:	Dr. N. Dhanapal General Physician Virudhunagar
Topic	:	Combating Anaemia in Adolescents

Dr. R. Barani

IQAC Coordinator

Dr. S.M. Meena Rani

Principal

V.V.VANNIAPERUMAL COLLEGE FOR WOMEN
(An Autonomous Institution Affiliated to Madurai Kamaraj University)
Virudhunagar – 626001

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INTERNAL QUALITY ASSURANCE CELL

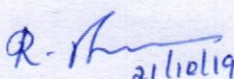
Date: 21.10.2019

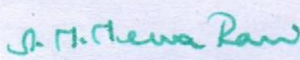
Circular

The Internal Quality Assurance Cell of our college, in collaboration with the Department of Home Science has planned to organize a Health Awareness Programme for the anaemic students.

Date & Time : 21.10.2019, 2.00 p.m
Venue : MBA Meeting Hall
Speaker : Dr. N.Dhanapal
General Physician
Virudhunagar
Topic : Combating Anaemia in Adolescents

The Heads of the respective departments are asked to permit the students in the list that would be forwarded to their departments to attend the meeting.


21/10/19
IQAC Co-ordinator


PRINCIPAL

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Virudhunagar – 626001

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HEALTH AWARENESS PROGRAMME

21.10.2019

AGENDA

- Prayer Song
- Welcome Address : Dr. V.Navaneethamani
Assistant Professor of English
- Special Address : Dr. N.Dhanapal
General Physician
Virudhunagar
- Topic : Combating Anaemia in Adolescents
- Time : 2.30 p.m.
- Vote of Thanks : Ms. M.Shobana, I M.A English
IQAC Student member
- National Anthem



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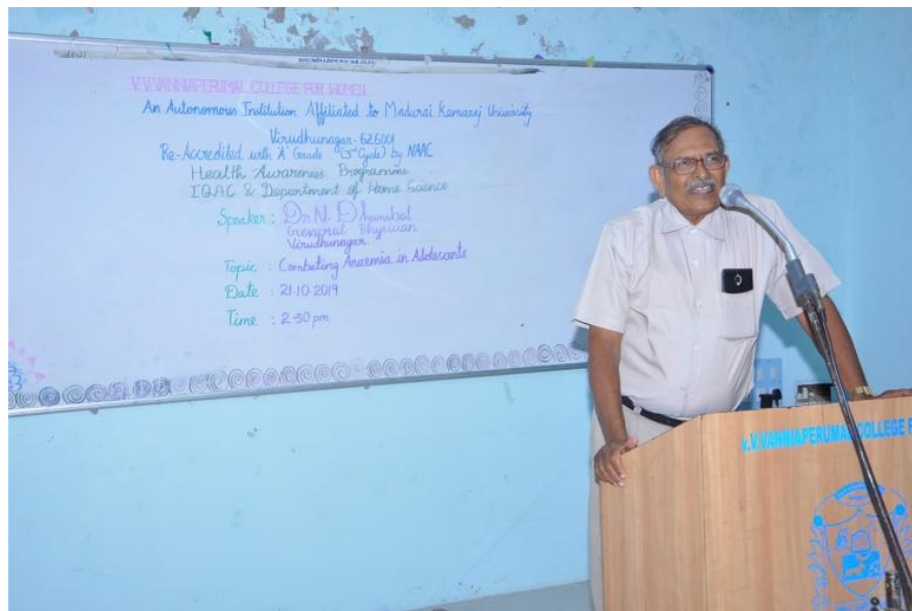
Report

Health Awareness Programme

“Combating Anemia in Adolescents”

IQAC, in Collaboration with the Department of Home science organized a **Health Awareness Programme** on 21.10.2019. The Programme exclusively focused on the anaemic students diagnosed through Hemoglobin screening test. About 57 anaemic students took part in the programme. The Programme began with the Welcome Address delivered by Dr.V. Navaneethamani, Assistant Professor of English, & Member of IQAC. Dr. N. Dhanapal, General Physician, Virudhunagar addressed the audience on **Combating Anemia in Adolescents**. He elaborated on the significance of hemoglobin absorption and suggested food items rich in iron and folic acid such as liver, beetroot, roasted Bengal gram, dates etc to proliferate the hemoglobin level in blood. He highlighted the factors leading to anaemia and the mode of its treatment. He ended his speech by stating that ‘Prevention is better than cure’ and ‘Health is Wealth’. The programme came to an end with the vote of thanks proposed by Miss. M.Sobana, IQAC Student representative.

IQAC Coordinator



INTERNAL QUALITY ASSURANCE CELL IQAC

Health Awareness Programme

Date : 21.10.2019

Time : 2:00 P.m.

Resource Person :

Dr. N. Dhanapal
General Physician,

Virndhunagar.

Topic :

Combating Anaemia in Adolescents

Venue :

MBA Meeting Hall

Members Present

S.No.	Name	Designation	Signature
1.	Dr. (Mrs.) R. Barani, M.C.A, M.B.A, M.Phil, Ph.D;	Co-ordinator of IQAC	R. Barani 21/10/19
2.	Dr. (Mrs) B. Nandhini, M.Com, M.Phil, PGDCA, Ph.D;	Senior Administrative Officer of IQAC	B. Nandhini 21-10-19
3.	Dr. (Mrs.) S. Sharmelle, M.A; M.Phil, Ph.D;	Senior Administrative Officer of IQAC	S. Sharmelle 21-10-19
4.	Dr. (Mrs) R. Hepzi Prannila Devaman, M.Sc, M.Phil, Ph.D; PGDCA	Senior Administrative Officer of IQAC	R. Hepzi Prannila Devaman 21-10-19

L. S.No.	Name	Designation	Signature
	5. Dr. (Mrs). B. Subasini, M.C.A; M.Phil, Ph.D;	ICAC Member	B. Subasini 21/10/19
P.m.	6. Mrs. M. Rajakumari, M.Sc, M.Phil,	ICAC Member	M. Rajakumari 21/10/19
	7. Dr. (Mrs). V. Navareethamani, M.A; B.Ed; M.Phil, Ph.D;	ICAC Member	V. Navareethamani 21.10.19
	8. Mrs. S. Rajapriya, M.Sc (IT)	ICAC Member	S. Rajapriya 21/10/19
cents	9. Selvi. A. Sujatha, M.Sc, M.Phil, PGDCA;	ICAC Member	A. Sujatha 21/10/19
	10. Dr. (Mrs). P. Soriyakala, M.Sc, M.Phil, Ph.D;	ICAC Member	P. Soriyakala 21/10/19
	11. Dr. (Mrs). A. Anitha, M.Sc, M.Phil, Ph.D;	ICAC Member	A. Anitha
re	12. Selvi. S. Induja, M.Sc, M.Phil.	ICAC Member	S. Induja
colly	13. Dr. (Mrs). R. Malathi, M.A; B.Ed; M.Phil; Ph.D;	ICAC Member	R. Malathi 21/10/19
19	14. Mrs. R. Atheeswari, M.Com, M.Phil.	ICAC Member	R. Atheeswari 21/10/19
	15. Selvi. N. Malathi, M.Sc;	ICAC Member	N. Malathi
ele 19	16. Mrs. P. Sudha, M.C.A; M.Phil;	ICAC Member	Sudha

S.No.	Name of the Student	Year & Department	Signature	S.
1.	B. Kavitha	III - B.Sc. Zoology	B. Kavitha	38
2.	B. Prema	III - B.Sc. - zoology	B. Prema	39
3.	A. Karpaga Kalyani	I - Bsc. Biotechnology	A. Karpaga Kalyani	8
4.	M. Afrose Banu	I - B.Sc. - Biotechnology	M. Afrose Banu	38
5.	A. Sathya Priya	II - B.A. Tamil	A. Sathya Priya	39
6.	S. Sakthi Thendral	II - BA. Tamil	S. Sakthi Thendral	40
7.	R. Raja Keerthana	III - B.Sc (Zoology)	R. Raja Keerthana	41
8.	G. Ramalakshmi	III - B.Sc Zoology	G. Ramalakshmi	42
9.	J. Arjali	II BSc Home Science	J. Arjali	43
10.	K. Chellathai	II BSc Home Science	K. Chellathai	44
11.	S. Dharshana	I B.Sc Physics	S. Dharshana	45
12.	R. Petchiammal Devi	I B.Sc Physics	R. Petchiammal Devi	46
13.	P. Suvyakala	I - B.Sc Physics	P. Suvyakala	47
14.	K. Nanthini	III. B.A Eng (S)	K. Nanthini	48
15.	K. Devi	I. B.A. History (E.M)	K. Devi	49
16.	S. Mahalakshmi	I B.A History (E.M)	S. Mahalakshmi	50
17.	S. Priya Devi	I B.A Tamil	S. Priya Devi	51
18.	C. Rengalakshmi	II - B.A Tamil	C. Rengalakshmi	52
19.	M. Nivedha	II - B.A Tamil	M. Nivedha	53
20.	S. Virohini	II - B.A Tamil	S. Virohini	54
21.	R. Keerthana	I. BSc Chemistry	R. Keerthana	55
22.	B. Sivarajani	I. B.Sc Chemistry (R)	B. Sivarajani	56
23.	O. Ponsigamani	I BSc Physics (R)	O. Ponsigamani	57
24.	R. Kaviya	I B.Sc Physics (R)	R. Kaviya	58
25.	M. Padmasri	II BSc Chemistry (R)	M. Padmasri	59
26.	K. Mani Muthu	I BSC physics (S)	K. Mani Muthu	60
27.	C. Abigami	I - B.Sc Biochemistry	C. Abigami	61
28.	N. Pothum Ronnu	III B.Sc Microbiology	N. Pothum Ronnu	62
29.	A. Dehwarra	III B.Sc. Microbiology	A. Dehwarra	63
30.	K. Dolluvarani	III B-sc., Microbiology	K. Dolluvarani	64
31.	M. Byrose Parveen	II B.Sc Physics (R)	M. Byrose Parveen	65
32.	M. Selva Bharathi	II B.Sc Physics (R)	M. Selva Bharathi	66
33.	K. Mureeshwari	II B.Sc Physics (R)	K. Mureeshwari	67
34.	S. Thilaga	II BSc physics (R)	S. Thilaga	68

S.No. Name of the Student

Year & Department Signature

35. G. S. Jeyavalli

II Bsc Chemistry (R) Jeyavalli

36. M. Monisa

II Bsc Chemistry (R) M. Monisa

37. S. Anirutha

III Bsc Biotechnology S. Anirutha

38. S. Krishna Priya

III B.Sc [Bio-Technology] S. Krishna Priya

39. M. Muegeswari

III B.A [History (T.M)] M. Muegeswari

40. S. Bharathi

III BA [History] (T.M) S. Bharathi

41. V. Muni Priya

I B.Sc [C.D.F] V. Muni Priya

42. V. Rekha Priya

I B.A (History) (T.M) V. Rekha Priya

43. P. Paul Roselin

III BA English (F.B) P. Paul Roselin

44. M. Geetha Lakshmi

I B.A English (R) M. Geetha Lakshmi

45. B. Yogeshwari

I BA English (R) B. Yogeshwari

46. J. Kavitha

I BA English (R) J. Kavitha

47. M. Srathy

II Bsc Chemistry (R) M. Srathy

48. D. Mareeswari

II B.Sc. Chemistry (R) D. Mareeswari

49. P. Pavithra

III B.Sc chemistry (R) P. Pavithra

50. S. Sindhu

I BA English (R) S. Sindhu

51. R. Padma

I B.A English (R) R. Padma

52. V. Vasundhara Devi

III BA Eng (SF) V. Vasundhara Devi

53. S. Abitha

I BSC microbiology S. Abitha

54. R. Nithiya

I BSC Microbiology R. Nithiya

55. K. Tharaniga

III B.Sc Biochemistry K. Tharaniga

56. M. Shanmuga Priya

III B.Sc (Biochem) M. Shanmuga Priya

57. K. P. Nagasathurathiga

I B.A English (SF) K. P. Nagasathurathiga

Visitors' Impression :

quiet audience. Explained about a, b, c. Aramix & how to present the same.

N. Shanmuga

21/10/19

R. Shanmuga

IQAC co-ordinator

S. Shanmuga Rani
Principal

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General Physician
Virudhunagar

Topic : Combating Anaemia in Adolescents

		Excellent	Very Good	Good	Moderate	Fair
1.	Creation of awareness about the risk of Anaemia	✓				
2.	Realisation of the importance of iron supplements		✓			
3.	Acquisition of the knowledge about iron deficiency anaemia	✓				
4.	Orientation towards healthy life	✓				
Any other suggestions						

M. Nivedha

Signature of the Candidate

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3.	Acquisition of the knowledge about iron deficiency anaemia		✓			
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Any other suggestions						

K. Devi

Signature of the Candidate