V.V.VANNIAPERUMAL COLLEGE FOR WOMEN

(Belonging to Virudhunagar Hindu Nadars)

An Autonomous Institution Affiliated to Madurai Kamaraj University, Madurai

Re-accredited with 'A' Grade (3rd Cycle) by NAAC





Internal Quality Assurance Cell



Health Awareness Programme

for residential students

24.08.2019

Trainer	ė	Ms. V.Ramya Master Choa Kok Sui (MCKS) Pranic Healing Centre, Virudhunagar
Volunteers	88	Ms. Maharani Senthilvel, Ms. K. Banumathi & Ms. Sinthia Ganesan Master Choa Kok Sui (MCKS) Pranic Healing Centre, Virudhunagar
Торіс	ş	Super Brain Yoga and Twin Heart Meditation
Time	- 0	4.00 - 5.00 p.m

Dr. R. Barani I**QAC Coordinator** Dr. S.M. Meena Rani **Principal**

V.V.VANNIAPERUMAL COLLEGE FOR WOMEN

(An Autonomous Institution Affiliated to Madurai Kamaraj University) Virudhunagar – 626001

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INTERNAL QUALITY ASSURANCE CELL

Date: 21.08.2019

Circular

Internal Quality Assurance Cell of our college organizes a Health Awareness Programme for the residential students at Multi-Purpose Hall on 24.08.2019. The students are asked to attend the meeting without fail.

Trainer : Ms. V.Ramya

Master Choa Kok Sui (MCKS) Pranic Healing Centre,

Virudhunagar

Volunteers : Ms. Maharani Senthilvel, Ms. K. Banumathi

&

Ms. Sinthia Ganesan

Master Choa Kok Sui (MCKS) Pranic Healing Centre,

Virudhunagar

Topic : Super Brain Yoga and Twin Heart Meditation

Time : 4.00 - 5.00 p.m

IQAC Co-ordinator

PRINCIPAL

O. M. Theera Rani

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VIRUDHUNAGAR

Report

on

Super Brain Yoga and Twin Heart Meditation

On 24.08.2019 (Saturday) evening 4.00 - 5.00 p.m a meeting was held at Multi-Purpose Hall for hostel students. Volunteers of Master Choa Kok Sui (MCKS) Pranic Healing Centre, Virudhunagar introduced Pranic healing to the students. V.Ramya, a Trainer educated the students how to feel the energy, how to be successful and also demonstrated Super Brain Yoga and Twin Heart Meditation, 1700 residential students and tutors were benefitted.

IQAC Coordinator





	IQAC: Health Awareness Programme for the
Authority must be a proper of the control of the co	Yesidantial Studante
	residential Students.
	Date: 24-08-19 Time: 4.00pm
	5.00p.m.
and the second	Trainer: Ms. V. Ramya
	Trainer: Ms. V. Ramya Master choa Kok Sui (MCKS) Pranic Healing Centre Virudhunagar.
	Virudhungson
	Virudhunagar.
	Valuntoon : Ms Maharani South : D
	Volunteers: Ms. Maharani Senthilvel, Ms. K. Banumathi,
	Ms Sinthin Com
. Material and a service and a	Ms. Sinthia Granesan.
-	Master Choa Kok Sui (MCKS) Pranic Healing Centre, Virudhunagar
West Statement	Vivudhunagar
Tree:	Tania
	Topic: Super Brain Yoga and Twin Heart Meditation
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MODEL STANKE	Venue: Multi-purpose Hall
The state of the s	Participalt. The
	Participants: First year residential Students.
-	Feedback from Resource Person:
-	Good response for participals
	Countent teach meditation because of lak of
	Good nesponse from participals Couldn't teach meditation because of lak of mike facility and hence nequested to come again
The state of the s	Maharamot.
	K. Banumathy.
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	P. Francipal IDAC co-ordinator Principal
	IRAC co-ordinator Principal