



V.V.VANNAPERUMAL COLLEGE FOR WOMEN

(Belonging to Virudhunagar Hindu Nadars)

An Autonomous Institution Affiliated to Madurai Kamaraj University, Madurai

Re-accredited with 'A' Grade (3rd Cycle) by NAAC

VIRUDHUNAGAR



Internal Quality Assurance Cell



Health Awareness Programme for the First year residential students

Date & Time	:	22.06.2019 at 2.00 p.m
Venue		V.V.V.Muthammal Library Meeting Hall
Speaker	:	Jc Vidhya Kodieswaran PRAYAS Committee Member JCI India Zone 18 Virudhunagar
Topic	:	Menstrual Hygiene Prayas

Dr. R. Barani

IQAC Coordinator

Dr. S.M. Meena Rani

Principal

V.V.VANNIAPERUMAL COLLEGE FOR WOMEN
(An Autonomous Institution Affiliated to Madurai Kamaraj University)
Virudhunagar – 626001

Re – Accredited with ‘A’ Grade (3rd cycle) by NAAC

INTERNAL QUALITY ASSURANCE CELL


Date : 21.06.2019

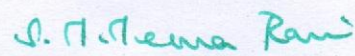
Circular

Internal Quality Assurance Cell of our college has planned to organize a Health Awareness Programme for the First year residential students at V.V.V.Muthammal Library Meeting Hall on 22.06.2019 at 2.00 p.m. The students are asked to attend the meeting without fail.

Guest Speaker : Jc Vidhya Kodieswaran
PRAYAS Committee Member
JCI India Zone 18
Virudhunagar

Topic : Menstrual Hygiene Prayas


IQAC Co-ordinator


PRINCIPAL



V.V.VANNIAPERUMAL COLLEGE FOR WOMEN

(Belonging to Virudhunagar Hindu Nadars)

An Autonomous Institution Affiliated to Madurai Kamaraj University, Madurai

Re-accredited with 'A' Grade (3rd Cycle) by NAAC

VIRUDHUNAGAR



Report on Awareness Programme

“Menstrual Hygiene Prayas” on 22.06.2019

Internal Quality Assurance Cell of our institution in collaboration with JCI India Zone 18 organized a special Health Awareness Programme for the first year residential students of our college on 22.06.2019 at 2.00 p.m. The President of Virudhunagar JCI, Sakthi Kamarajar Mrs.Saranya inaugurated the meeting and introduced the guest speaker Jc Vidhya Kodieswaran, a member of PRAYAS committee. Jc Vidhya Kodieswaran shared her ideas on “Menstrual Hygiene Prayas”. Our students came to know about the word Taboo which means that some set of rules to be followed even though it embarrasses people. She discussed about the taboos expected to be followed during the menstruation period. She also insisted the importance of practicing hygienic habits at the time of menstruation. She advised everyone to change the sanitary napkins at regular intervals and also to dispose it properly. She also insisted the harmful effects of taking tablets to postpone the menstruation cycle. The students reported that the entire programme was highly informative and more beneficial.

IQAC Coordinator



Internal Quality Assurance Cell

Health Awareness Programme for First year residential students.

Date : 22.6.2019

Time : 2:00 p.m.

Resource person:

Jc Vidhya Kodiseswaran (94874 89429)

PRAYAS Committee Member.

JCI India Zone 18

Vimudhunagar.

Topic : Menstrual Hygiene Prayas.

Venue : V.V.V. Muthammal library meeting Hall

Participants : First year residential students.

Feedback from Resource person:

Such a nice ambience and audience
So happy to address girls of first year hostel
students. I have to thank the management
for organizing such an awareness program.
Expect more programmes in future.

Best wishes

bdhyz
22/6/19

V.V.VANNIAPERUMAL COLLEGE FOR WOMEN
(An Autonomous Institution Affiliated to Madurai Kamaraj University)
Virudhunagar – 626001

Re – Accredited with ‘A’ Grade (3rd cycle) by NAAC

FEED BACK

Date: 22.06.2019

Organizer : JCI India Zone 18, Virudhunagar

Topic : Menstrual Hygiene Prayas

		Much Satisfactory	Satisfactory	Normal
1.	Content of the programme	✓		
2.	Usefulness of the programme	✓		
3.	Skill and competence of the trainers	✓		
4.	Approach and mode of conduct of the programme	✓		
5.	Overall assessment of the programme		✓	
	Any other suggestions / comments : <i>please invite some chief guest like youtubers like madhan gouri</i>			

C. Manju
Signature

V.V.VANNIAPERUMAL COLLEGE FOR WOMEN
(An Autonomous Institution Affiliated to Madurai Kamaraj University)
Virudhunagar – 626001

Re – Accredited with ‘A’ Grade (3rd cycle) by NAAC

FEED BACK

Date: 22.06.2019

Organizer : JCI India Zone 18, Virudhunagar

Topic : Menstrual Hygiene Prayas

		Much Satisfactory	Satisfactory	Normal
1.	Content of the programme		✓	
2.	Usefulness of the programme	✓		
3.	Skill and competence of the trainers	✓		
4.	Approach and mode of conduct of the programme		✓	
5.	Overall assessment of the programme	✓		
	Any other suggestions / comments : This programme is very useful to us. We can follow this content of the programme. Thank you.			

V. Dhivyabrabha
Signature

V.V.VANNIAPERUMAL COLLEGE FOR WOMEN
(An Autonomous Institution Affiliated to Madurai Kamaraj University)
Virudhunagar – 626001

Re – Accredited with 'A' Grade (3rd cycle) by NAAC

FEED BACK

Date: 22.06.2019

Organizer : JCI India Zone 18, Virudhunagar

Topic : Menstrual Hygiene Prayas

		Much Satisfactory	Satisfactory	Normal
1.	Content of the programme		✓	
2.	Usefulness of the programme	✓		
3.	Skill and competence of the trainers	✓		
4.	Approach and mode of conduct of the programme		✓	
5.	Overall assessment of the programme	✓		
	Any other suggestions / comments : This programme is very useful to us. It is very need to us. Thank you.			

J. Sanitha
Signature