

RESUME

I General Information

Name : Mrs.B.Ameena Beebi
Father's Name : S.H.Beeran
Age : 32 yrs, 20.05.1987
Designation : Assistant Professor
Department : Home Science
Email ID : ameenabeebi@gmail.com
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Date of appointment : 20.02.2019
Date of retirement : 31.05.2045



II Educational Qualification

Examination Passed	Board/University	Subject	Year of Passing
SSLC	Board of Secondary Education		2002
Higher Secondary	Board of Higher Secondary Education		2004
Bachelors Degree - B.Sc.,	Sri Meenakshi Govt College for Women, Madurai.	Home Science	2007
Master's Degree – M.Sc.,	Fatima College for Women, Madurai.	Home Science - Human Nutrition and Nutraceuticals	2009
M.Phil	Avinashilingam Deemed University for Women, Coimbatore.	Food Science and Nutrition	2010

III. Eligibility Tests for Assistant Professor

1. NET – July 2018, CBSE University Grants Commission, New Delhi.
2. TNSET – June 2018, Mother Teresa Women's University, Kodaikanal,

IV. Teaching Experience : UG : 7 Years
PG : 5 Years

Field of Specialization : Home Science

Awards Won :

1. The Best Think Leaders award from Chrysalis Thinkrooms 2014, The Little Kingdom Senior School, Theni.
2. Best Paper Award, Food Processing and Management, Subbulakshmi Lakshmi pathy College of Science, Madurai.
3. Best Paper Award, Advancement and Application of Technology in Food and Textile, Mother Terasa Womens University, Kodaikanal.

V. Under Guidance of Research

1. Formulation and Development of Fiber Rich Noodles.
2. Impact of Supplementation of Brahmi on Cognitive Development among Adolescent.
3. Formulation and Development of Hibiscus Jam.
4. Standardization and development of vegetable and fruit blend (Hot Buster).
5. Studies on development of beta carotene rich powder (daucus carota).
6. Standardization and development of Fibre Rich and Spicy Cookies.

VI. Project Works

1. Effect of Supplementation of Spirulina Incorporated Nutrient Dense Ball to the Selected Adolescent Girls (13 – 15 Years) – M.Phil., Avinashilingam Deemed University for Women, Coimbatore, Tamil Nadu, India.
2. Effect of Supplementation of Spirulina Incorporated Lemon Juice to the Selected Working Women – M.Sc., Fatima College for Women, Madurai, Tamil Nadu, India.
3. Consumption Pattern of Convenience Foods among Women in Madurai District – B.Sc., Sri Meenakshi Govt College for Women, Madurai, Tamil Nadu, India.

VII. Publication

Date	Topic of Paper	Chapter in Books & Page Numbers	ISSN/ISBN
January 2018	Development of high fibre noodles through incorporation of varagu and samai	International Journal of Research in Humanities arts and science. (CRRPS) vol:2, pg no:65	ISSN-2456-5571
January 2018	Development of high fibre noodles through incorporation of varagu and samai	International conference on “recent advances in food processing technology.	ISBN:8-9-978-81-926250-0-3
28.09.2018	Pulses and legumes as functional foods	National seminar on “Promoting Pulses For Food, Nutrition And Healthy Security –The Way Forward”	ISBN:978- 93-532-560-6
28.09.2018	Fermented pulse based functional foods	National seminar on “Promoting Pulses For Food, Nutrition And Healthy Security –The Way Forward”	ISBN:978- 93-532-560-6
February 2019	Effect of Bajra Flour On Quality of Spicy Cookies	International Journal of Research and Analytical reviews (IJRAR).	E-ISSN 23481269, P-ISSN 2349-5138

03.10.2019	Holistic Approach to Stress - Free Life	International Conference on Scientific and Social Approaches to Mental Well Being -2019	ISBN
03.10.2019	The Impact of Food On Mental Health	International Conference on Scientific and Social Approaches to Mental Well Being -2019	ISBN

VIII. Seminars/Conferences/Workshops/Training

Date	Participation Details	Organizing Institution
09.03.2007	One day Seminar on “Disease prevention and Health Promotion”	Sourashtra College For Women
15.11.2007 16.11.2007	19 th National conference on “Nutrition Society of India”	National Institute of Nutrition,Hyderabad.
14.12.2007 15.12.2007	UGC sponsored National Seminar on “Home Science A Promising Future Ahead”	Fatima College, Madurai
14.02.2008 15.02.2008	National Seminar on “functional foods for health promotion and diet prevention”	University of Mysore, Mysore
20.02.2008- 22.02.2008	National conference on “the Indian society for parentral & entral nutrition”	Nutrition Society of India, Hyderabad
20.01.2009	TANSCHE sponsored State Level Workshop on “Entrepreneurial Avenues in Home Science”	Fatima College, Madurai
21.08.2009 22.08.2009	Regional Seminar on “Gearing Home Science Curriculum Towards Better Prospects”	Home Science Society Of India and Avinashilingam University, Coimbatore.
19.11.2009	41 st National conference on “assessment of nutritional status and dissemination of the new RDA for Indians.	National Institute of Nutrition,ICMR,Hyderabad.
20.11.2009 21.11.2009	41 st National conference on “Chronic Disease – The New Pandemic”	National Institute of Nutrition,ICMR,Hyderabad.
28.01.2010	International Seminar on “Research Methodology and Data Interpretation”	Avinashilingam University, Coimbatore.
24.02.2010 25.02.2010	ICSSR & TANSCHE sponsored National Seminar on “Food & nutritional challenges and prospects in human health”	Periyar University, Salem.
29.07.2010	UGC sponsored national conference on “Functional Foods & Nutraceuticals in Preventive Dietetics”	Fatima College, Madurai
07.08.2010	Workshop on “Creating And Sustaining An Active Research Culture Among College Teachers”	Thassimbeevi Abdul Kader College For Women, Kilakarai, Ramnad.

22.08.2010 23.08.2010	Workshop on “Path-Finder-Explore,Experiment,Elucidate Research A Colloquium - 2010”	Avinashilingam University, Coimbatore.
18.01.2011 19.01.2011	National conference on “healthy-heart – a lifeline to healthy life”	Avinashilingam University, Coimbatore.
3.11.2011 - 5.11.2011	44 th National conference on “Pediatric To Geriatric Nutrition.	IDA, AIIMS, New Delhi.
26.6.2011 27.6.2011	11 th Tamil Nadu science conference.	Ghandhigram Rural University, Dindugal.
30.03.2012 31.03.2012	Two days national Seminar on “promotion and sharing of best practices in quality assurance”	Thassimbeeve Abdul Kader College For Women, Kilakarai, Ramnad.
12.04.2012	International Seminar on “Emerging Trends In Research”	Thassimbeeve Abdul Kader College For Women, Kilakarai, Ramnad.
31.08.2016 01.09.2016	International conference on “new horizons, emerging challenges and recent paradigm in food mediated immunity and their role in human health and longevity”	The American College, Madurai.
20.12.2016	National Seminar on “Herbs for Holistic Health”	Fatima College, Madurai
07.01.2017	UGC sponsored state level seminar on “Therapeutic Potential Of Low Carb High Fat Diet – An Overview”	Sri Meenakshi Govt College, Madurai.
28.07.2017	3 rd meet of wellness club lecture on “paleo diet”	Alpha Hospital & Research Centre, IDA, Madurai.
23.01.2018 – 25.01.2018	Workshop on “Recent Trends In Modern Biology”	The American College, Madurai.
30.01.2018	National level seminar on “Recent Trends In Food Processing Technology”	Arul Anandar College, Karumathur, Madurai
02.02.2018 03.02.2018	National conference on “impacts of pollution on health and restoration of quality environment through biotechnology applications”	The American College, Madurai.
19.01.2019	International Conference on “Recent Trends in Food Processing Technology 2019”	Arul Anandar College, Karumathur, Madurai
05.07.2019	Workshop on “ICT Tools for Effective E-Learning”	V.V.Vanniaperumal College for Women, Virudhunagar.
03.08.2019	Workshop on “The Art of Writing Effective Project Proposal”	V.V.Vanniaperumal College for Women, Virudhunagar.

IX. Paper /Poster presented

Date	Title of Paper/Poster	Conference/ Seminar	Organising Institution
14.12.2007 15.12.2007	Convenience food among working women	UGC sponsored National Seminar on “Home Science A Promising Future Ahead”	Fatima College, Madurai.
11.09.2009	Effect of supplementation of iron and protein rich foods.	11 th Tamil Nadu Science conference.	Ghandigram Rural University, Dindugal.
25.02.2010	Effect of supplementation of spirulina on elderly.	Zelos’10 one day workshop on “school of chemicals & food sciences”	Kongu Engeenering College, Erode.
24.02.2010 25.02.2010	Effect of supplementation of spirulina incorporated on working women.	ICSSR & TANSCHÉ sponsored National Seminar on “Food & nutritional challenges and prospects in human health.	Periyar University, Salem.
29.07.2010	Effect of supplementation of Arthospira incorporated on working women.	UGC sponsored national conference on “functional foods & nutraceuticals in preventive dietetics”	Fatima College, Madurai.
18.01.2011 19.01.2011	Beats of Heart – Grape Seed	National conference on “healthy-heart – a lifeline to healthy life”	Avinashilingam University, Coimbatore.
3.11.2011 - 5.11.2011	Effect of supplementation of spirulina incorporated nutrient dense ball for the selected adolescent girls (13-15 years)	44 th National conference on “Pediatric To Geriatric Nutrition.	IDA, AIIMS, New Delhi.
31.08.2016 01.09.2016	Chia seed – A novel food	International conference on “new horizons, emerging challenges and recent paradigm in food mediated immunity and their role in human health and longevity”	The American college, Madurai.
07.01.2017	Atkins’s diet – a review	Therapeutic Potential of Low Carb High Fat Diet – An Overview”	Sri Meenakshi Govt College, Madurai.
07.01.2017	Pollution – Everywhere	National conference on “Impacts of pollution on health and restoration of quality environment through biotechnology applications”	The American college, Madurai.

28.9.2018	Pulses and legumes as functional foods	National seminar on “Promoting Pulses For Food, Nutrition And Healthy Security –The Way Forward”	Tamil Nadu Agricultural University.
17.10.2018	Conservation of Natural Resources	National conference on “Western Ghats – threats and conservation”	The American college, Madurai
15.02.2019	Effect of Supplementation of Arthropira (Spirulina) incorporated Lemon Juice on Working Women	National conference on “Food Processing and Safe Management”.	Subbulakshmi Lakshmipathy College of Science
31.07.2019	Interaction Between Nutrition and Viral Infection Disease	National symposium on “Emerging Viral Infectious Diseases”	V.V.Vanniaperumal College for Women, Virudhunagar.
03.10.2019	Holistic Approach to Stress - Free Life	International Conference on Scientific and Social Approaches to Mental Well Being -2019	V.V.Vanniaperumal College for Women, Virudhunagar.
03.10.2019	The Impact of Food On Mental Health	International Conference on Scientific and Social Approaches to Mental Well Being -2019	V.V.Vanniaperumal College for Women, Virudhunagar.

X. Role in Academic Bodies

Institution	Period	Board
The American college, Madurai.	2017 - 2018	Diploma
Sri Meenakshi Govt College for Women, Madurai.	2018 - 2019	PG

XI. Outreach Programme

1. The outreach programme was conducted for the Erwadi people on the topic of “Nutrition Counseling/Hygiene and Sanitation” at Ramnad District in 2012.
2. Conducted an awareness programme on the topic of “Development of Fiber Rich Foods Through Millets” organized by Punitha Susaiapper School at Muthuppettai, Ramnad District 2012.
3. The outreach programme was conducted for the Devipattinam people on the topic of “Nutrition Counseling for Woman” organized by Seethakathi trust at Devipattinam, Ramnad District on 2010.
4. The outreach programme was conducted for the Thondi people, on the topic of “Karka Nandre- Karka Nandre” organized by Sanmuga Seva Arakkattali at S.P.Pattinam, Ramnad District 2011.
5. Created an awareness programme on the topic of “Super Green Food Spirulina” among the Andipatti regional people on 2009.